

Save a Life TODAY!!!!

Vinay, Sameer & others really need our help

Help by registering to be a marrow donor

www.helpvinay.org

www.helpvinayandsameer.org



MEGA DRIVE

SAT, JULY 14TH

SUN, JULY 15TH



San Francisco

July 14th 11am-6pm
July 15th 11am-3pm
Sangati Center
3049 22nd St. (ground floor)
San Francisco, CA, 94110

Sunnyvale

July 14th/15th 11am-9pm
Saravana Bhavan Restaurant
1305 S Mary Ave, 94087
Komala Vilas 9am - 7pm
1020 El Camino Real, 94087

Milpitas

July 14th/15th 11am-7pm
India Community Center
555 Los Coches Rd, 95035
July 15th 11am-6pm
Jain Temple
722 S.Main Street, 95035

San Carlos

July 14th/15th 11am - 7pm
NEKTAR Therapeutics
150 Industrial Road, 94070

Livermore

July 14th/15th 11am-7pm
Hindu Community and Cultural Center
1232 Arrowhead Ave.
Livermore, CA 94551

Fremont

July 14th 9am - 12pm
Fremont Hindu Temple
3676 Delaware Drive, 94538

Palo Alto

July 14th/15th 7am -11am
Peets Coffee
77 Town and Country Village,
Palo Alto, CA 94301

Sacramento

July 15th 10am-5pm
Sacramento Hindu temple
7495, Oldercreek Road, 95824
(916) 383-4206

Santa Clara

July 14th/15th 10am-7pm
Varstreet Inc
2620 Augustine Drive, Suite 120
Santa Clara CA 95054

Mountain View

July 14th/15th 11am - 8pm
Chaat Paradise
165 East El Camino Real, 94040

Hayward

July 14th 5pm-9pm
Chabot College Theater
25555 Hesperian Blvd. 94545

San Jose

July 15th 10am-6pm
Lakshmi Ganapathi Temple
32 Rancho Dr, 95111

Berkeley

July 14th 1pm-5pm
July 15th 10am-2pm
ISKCON
2334 Stuart Street

Davis

July 14th 1:30pm - 3:30pm
Yolo county Branch Library, 14th Street
Davis, CA 95616
July 15th 10:00am - 4:00pm
3054 Carmelo Drive, Davis, CA 95618
(530) 757 6382

Evergreen

July 14th 9am-2pm
Evergreen Community Center
4860 San Felipe Road, 95135

CONTACT: helpvinay@gmail.com
(408) 460-3651 (408) 836-5483

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Mega Drive July 14th & 15th

**Leukemia and other fatal blood disorders
can happen to anyone at any time**

How You Can Help:

All healthy individuals between the ages of 18-60 can volunteer to be marrow donors

- Initially a swab of cheek cells are taken for testing
- If you are a match, you can donate either with blood from the arm or marrow from the pelvic area

For more information, visit
www.marow.org or www.aadp.org

For Your Information:

- There is a 1 in 20,000 to 100,000 chance of matching within your own community
- Out of 6.6 million donors, only 100,000 are of South Asian origin
- The more people tested, the higher the chances of finding a match
- There is no cost to you
- ABO blood type does not have to match

**Most patients need a matching
donor for a cure!**

Marrow Donation

30% are marrow
donations from the
pelvic area

Marrow donation is a surgical procedure. While you receive anesthesia, doctors use special, hollow needles to withdraw liquid marrow from the back of your pelvic bones. Many donors receive a transfusion of their own previously donated blood.

Side effects and recovery. You can expect to feel some soreness in your lower back for a few days or longer. Most donors are back to their normal routine in a few days. Your marrow is completely replaced within four to six weeks.

Follow-up. Your NMDP donor center coordinator will follow up with you until you are able to resume normal activity. You will also receive annual calls for long-term follow-up.

PBSC Donation

70% are blood
donations from the
arm

PBSC donation takes place at an apheresis center. To increase the number of blood-forming cells in the bloodstream, donors receive daily injections of a drug called filgrastim for five days before the collection. Your blood is then removed through a sterile needle in one arm and passed through a machine that separates out the blood-forming cells. The remaining blood is returned to you through the other arm.

Side effects and recovery. You may experience headache, or bone or muscle aches for several days before collection. This is a side effect of the filgrastim injections that you received to increase the number of blood-forming cells in the bloodstream. These effects disappear shortly after the collection.

Follow-up. Your NMDP donor center coordinator will follow up with you until you are able to resume normal activity. You will also receive annual calls for long-term follow-up.